

LIVING WELL TEAMS

A multi-agency community facing team

The Living Well team is community based and brings together different practitioners from across the voluntary and statutory sectors.

This includes: community support staff, clinical and social care staff of various disciplines, peer workers and administrators. They work in one co-located multi-agency team. The team has four main purposes: working to support people, working together, working with the community and learning to increase their impact. The team uses shared practice, including joint working with other commissioned services. The team is led and governed collaboratively with a flattened hierarchy that includes representation from all sectors and organisations involved.

Structures and spaces

A hub and spoke model

Salford created a hub and spoke model that developed active localised multidisciplinary teams with shared central resources, ensuring support was responsive and agile to people's needs.

Mobile placed based teams

Lambeth created multidisciplinary teams working out of physical hubs and across the locality which connected into organisations in the local network operating from different community spaces at different times.

Community based teams

Derbyshire have reimagined their CMHTs to create community based multi agency teams, who work to a local community footprint, open to all adults and older adults. This enables multi agency teams to work as a small multidisciplinary team and build close relationships with organisations working in their patch.



Key features

A welcoming and easily accessible team

The team operates on the principle of 'easy in, easy out': people can introduce themselves or they can be introduced by a peer or professional, and can come back at any time. Living Well's core focus is on people who need several different types of support across multiple areas of their lives. The team has strong relationships with other organisations who might be better placed to help people and are committed to getting people to the right support first time.

Holistic support from a multidisciplinary team

The desirable roles, skills and designations of staff are directly connected to the needs identified in the local population with a diverse mix of skills, expertise and life experience in-house. This ensures that Living Well Teams are able to deliver a wide variety of support for individuals with mental health needs, including social, medical, practical and therapeutic services. The team shares caseloads and decision making, and jointly holds risk and responsibilities.

Flattened hierarchy

The team views all disciplines as valuable and is not medically led. The team strives to build a collaborative culture and practice model that allows people receiving support a choice by offering multiple perspectives and support options.

Community as a resource

The Living Well team are at the heart of the community and embedded in the everyday spaces in which people spend their lives. The team is outward facing and have strong relationships and joint working practices with community partners seeking opportunities to draw together offers, create new solutions and share demand.